

Aging and Long-Term Care Resources



Senator Jeff Denham

Capitol Office

State Capitol, Room 3076
Sacramento, CA 95814
tel (916) 651-4012
fax (916) 445-0773

District Offices

369 Main Street, Suite 208
Salinas, CA 93901
tel (831) 769-8040
fax (831) 769-8086

1640 N Street, Suite 210
Merced, CA 95340
tel (209) 726-5495
fax (209) 726-5498

1231 8th Street, Suite 175
Modesto, CA 95354
tel (209) 577-6592
fax (209) 577-4963

senator.denham@sen.ca.gov

Prepared by the Senate
Subcommittee on Aging &
Long-Term Care

Medi-Cal



Senior Fact Sheet

The resources below will help put you in touch with information about state and area agencies, and private organizations serving the elderly in your community.

- **Area Agency on Aging**
1-800-510-2020
Information and access to your community's comprehensive network of community-based long-term care services.
- **HICAP – Health Insurance Counseling and Advocacy Program**
1-800-434-0222
Provides assistance on questions related to Medicare, Medicare HMOs, Medicare supplements and long-term care insurance.
- **Medicare Office**
1-800-633-4227
- **California Department of Aging**
1-916-419-7500
1300 National Drive, Room 200
Sacramento, CA 95834
- **California Commission on Aging**
1-916-419-7591
California Senior Legislature
Triple-A Council of California
1300 National Drive, Room 173
Sacramento, CA 95834
- **AARP State Office**
1-866-448-3614
1415 L Street, Room 960
Sacramento, CA 95814
- **Senior Legal Hotline**
www.seniorlegalhotline.org

Other important numbers:

- **Area Agency on Aging**
 - 121 Downey Ave., Suite 102
Modesto, CA 95354 • 209-558-7825
 - 851 W. 23rd Street
Merced, CA 95340 • 209-385-7550
 - 1000 S. Main Street, #211A
Salinas, CA 93901 • 831-755-8493
- **APS/Adult Protective Services**
 - Human Services Agency/Adult Services
2777 N. Hwy 59
Merced, CA 95340 • 209-385-3105
 - Community Services Agency
251 E. Hackett Rd.
Modesto, CA 95358 • 209-558-2637
 - Monterey Co. Dept. of Social Services/
Adult Protective Services
713 La Guardia, Suite A
Salinas, CA 93905 • 831-755-3403
- **In-Home Support Services**
 - Human Services Agency/Adult Services
2777 N. Hwy 59
Merced, CA 95340 • 209-722-1738
 - Community Services Agency
251 E. Hackett Road
Modesto, CA 95358 • 209-558-2637
 - Central Coast Visiting Nurses
Association
P.O. Box 2480
Monterey, CA 93942 • 831-372-6668
- **RSVP (Retired Senior Volunteer Program)**
 - Monterey Bay Retired Senior Volunteers
1010 Emeline Avenue
Santa Cruz, CA 95060 • 831-427-5070

Medi-Cal – California's Health Care Program For The Needy

Medi-Cal is a combined federal and state program that pays for health care for people who cannot afford to pay themselves. It is administered by the state Department of Health Services in partnership with other state departments and county welfare departments.

Who is eligible?

Medi-Cal coverage is automatic for Supplemental Security Income (SSI) recipients who are 65 or older, or blind or disabled. It is also automatic for beneficiaries of the Temporary Assistance for Needy Families (TANF) program. Others with low or very low incomes are also eligible.

What is covered?

Medi-Cal pays for health care services which meet Medi-Cal's definition of medically necessary. Services covered include physicians visits, prescription drugs, hospitalization, X-ray and laboratory, nursing home care, adult health services, some

dental care, some ambulance services, prosthetic and orthopedic devices, eyeglasses, hearing aids and some medical equipment and hospice care.

If you are a Medicare beneficiary and on Medi-Cal, prescription drug coverage has recently been transferred to the Medicare program, and your prescriptions will now be covered as a Medicare benefit. You should contact a Health Insurance Counseling and Advocacy Program (HICAP) representative at 1-800-434-0222 to get detailed information about how the new benefits and co-payments may benefit you.

Finding a doctor?

It is important to remember that not all health care providers serve Medi-Cal enrollees. If you don't have a doctor who accepts Medi-Cal, you should find one before you need medical care, or use medical clinics which serve Medi-Cal patients. If you need medical care, unless it is an emergency, you must go

to a hospital which has a contract with Medi-Cal. Your doctor will know which hospitals take Medi-Cal. Also, some prepaid health plans have contracts to serve Medi-Cal patients.

How to apply?

You must apply for Medi-Cal through your local county human services or welfare office. They will determine if you are eligible. Your local human services/welfare offices are listed in the telephone directory under the name of the county in which you live.

Applicants have the right to appeal any decision made by the welfare department regarding eligibility. Medi-Cal recipients also have the right to a hearing on any denial of services or unreasonable delay in prior authorizations. Contact your Area Agency on Aging for a referral to your legal services office (1-800-510-2020) for assistance with appeals.

- **If you are 65 or older, blind or disabled, and on SSI, you are automatically covered by Medi-Cal.**
- **You must be a resident of California to qualify.**
- **Apply through local county human services or welfare offices.**
- **County workers will determine eligibility.**
- **Not all doctors accept Medi-Cal. Find one who does before you need medical care.**
- **Some prescription drugs are covered.**